



Indiana High School Swimming Coaches Association
Press Release March 6, 2009
Swimmer of the Year, Performance of the Year, and Coach of the Year Awards
2008-2009

The Indiana High School Swimming Coaches Association has named the Indiana High School Swimmer of the Year, Performance of the Year, and Coach of the Year for the 2008-2009 season. These awards honor the finest athletes and coaches in the state of Indiana and are based on performances at the IHSAA state championship meet. The Swimmer of the Year and Performance of the Year awards are calculated by using the power point tables published by the National Interscholastic Swim Coaches Association. The Coach of the Year award is determined by a vote of the coaches at the IHSAA state championship meet.

The Indiana Swimmer of the Year for girls swimming is senior Jessie Hammes of Carmel High School. Hammes was the state champion in the 100 yard backstroke and was runner-up in the 100 yard butterfly. She was also a member of Carmel's state championship 200 yard freestyle relay team as well as the winning 200 medley relay team that set a national public high school record in the event. Her total number of power points in her two individual events was 315, just ahead of Homestead sophomore Tori Bagen (311) and teammates Megan Detro (307) and Trish Regan (306). Carmel is coached by Chris Plumb.

The Indiana Swimming and Diving Performance of the Year is awarded to sophomore Tori Bagan of Homestead High School for her performance in the 100 yard breaststroke. Bagan swam a blistering 1:02.25 in the preliminaries, for a power point score of 163. She went on to take the state title in the event with a time of 1:02.83, winning by 0.01 over Carmel's Lauren Stauder. Bagan was also the runner-up in the 50 yard freestyle.

The Indiana Swimmer of the Year for boys swimming is junior Kyle Whitaker of Chesterton. Whitaker was the state champion in the 200 yard individual medley with a time of 1:45.25, setting a national public high school record in the event. Kyle also won the state championship in the 100 yard butterfly with a time of: 48.00. His preliminary time of: 47.85 set a new state record. His combined total of 342 power points set a new record since the award has been given out, well ahead of Munster sophomore Kevin Behrens (316). **Whitaker's performance in the 200 IM earned him the Indiana Swimming and Diving Performance of the Year.** He is coached by Kevin Kinel.

Carmel Head Coach Chris Plumb was named the Indiana High School Girls Swimming & Diving State Coach of the Year.

Chesterton Head Coach Kevin Kinel was named the Indiana High School Boys Swimming & Diving State Coach of the Year.

Both coaches led their respective schools to the team state championship this season. The Carmel girls won for the 23rd time in a row, setting a national record for number of consecutive state championships. The Chesterton boys defended their state title to win back to back championships.

Ralph Mundt, President
Indiana High School Swimming Coaches Association